

National NAWGJ News

News for Artistic Gymnastic Judges

October 2001

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Hangin' 10.00 in Newport

If you weren't there, you missed an excellent learning experience, an opportunity to make new friends and renew old acquaintances, and savor the California sights. Be sure to see the pictures inside

A Week of Memories

July at the Hyatt Newporter in Newport Beach, California!! What could be more fun? For those of you who were able to attend, it was a week consisting of board meetings, state judging directors workshops, learning sessions, study sessions, re-certifying, testing, eating great food, biking, playing tennis, golfing, shopping, boating, swimming, site seeing, and obtaining that tan you wanted this summer.

It was a week full of excitement. There were forays to Balboa Island and ferry rides to Balboa Beach; harbor cruises and a great outdoor jazz concert on the lawn. Waiting in line and shopping in the NAWGJ National Library will certainly be remembered along with playing shorthand bingo "Jingo," and strutting with Betty Sroufe.

The hotel was lovely with lush landscaping, three pools and a superb staff, willing to help in any way possible.



Betty Sroufe, NAWGJ Secretary/Treasurer



Pre-symposium Activities

The week started off with the National Board meeting followed the next day by the State Judging Directors' workshop. On Thursday morning, prior to the symposium, there was a tennis and golf tournament. The golf tournament was 18 short holes of excitement. The first place team winners were Patty Shipman, Chizu Homes and Leslie Case. Chizu Holmes won the longest putt award and the closest to the pin award went to Joanne Runge. The

individual first place award winner was Carole Liedtke.

In the tennis category, Diann Smith won first place while Wayne Berry was awarded first place in the men's category. He was the only gentleman but who's counting. Ashley Shannon received an honorable mention and we'll probably see her at the U.S. Open.

Continued on page 2

Hangin' 10.00 in Newport . .

Continued from page 1



Attendance and Testing

The attendance at this symposium was the highest ever recorded with approximately 420 judges. Eighty Level 10 officials recertified and 130 were given tests on Sunday.

Many participants spent their free time by the pool, in the gardens or on one of the outdoor patios with the Technical Handbook and Code of Points preparing for testing. There was a helpful and sharing spirit among the judges, regardless of whether they knew each other or not. Testing at the symposium can be very intense and therefore, anxiety is high but the camaraderie among studying judges is rewarding.

Luncheon, Banquet, Awards & Dancing

On Friday, July 13, a luncheon was held outdoors on a covered patio with special awards given to NAWGJ members who attended the symposium and have been members for 20 or 25 continuous years. They received a certificate, a hat and a key chain with either 20 or 25 years indicated on each item. Prizes for the tennis and golf tournament

participants were awarded and graciously accepted.

Saturday night there was a banquet with keynote speakers, Steve Rybacki and Beth Kline-Rybacki. After their informative talk, NAWGJ Lifetime Membership Awards were presented to Cheryl Hamilton and Audrey Schweyer for their years of dedication to gymnastics and NAWGJ. Two outgoing Regional Judging Directors



Cheryl Hamilton and Audrey Schweyer with Lifetime NAWGJ Membership Awards

were honored for their service—Genie McElroy of Region 2 and Evelyn Chandler from Region 8.

Following the banquet, Betty Sroufe taught line dancing to an enthusiastic crowd with a full room of spectators cheering them on. See pictures on page 5. (Look out Billy Bob!!)

Clinicians and Helpers

The marvelous clinicians provided excellent sessions that frequently made it difficult to choose which one to attend.

Sessions included presentations on the new JO rules, as well as sessions for JO compulsory and optional events, bar grip changes, recognizing and awarding skills and combinations, Elite bars, beam and floor, shorthand training, practice judging, motivation, new judge information, collegiate update and more. Of course, the Level 10 judges, who were recertifying, spent their time attending required sessions.

The clinicians were: Linda Chencinski, Judy Dobransky, Marian Dykes, Sue Graff, Cheryl Hamilton, Ann Heppner, Julie Knight, Valorie Kondos, Kristi Krafft, Connie Maloney, Stephen Rybacki, Beth Kline Rybacki, and Audrey Schweyer. Also, contributing to the success of the symposium were the following National Board members: Carole Ide, Betty Sroufe, Judy Grenfell, Ellie Chynoweth, Joan Geel, Yvonne Hodge, Judy Hoferlin, Carole Liedtke, Cindy Lord, Janet Packwood, Pat Panichas, Amy Rager, Robin Ruegg, and Patty Shipman.

Plan Now to Attend in 2005

The next symposium will be held in 2005 and the NAWGJ National Governing Board hopes that you will experience a national symposium during your judging career.

NAWGJNews is published by the National Association of Women's Gymnastic Judges

Governing Board

Carole Ide President	Judy Dobransky National Librarian
Judy Grenfell Vice President	Judy Hoferlin Newsletter Editor
Betty Sroufe Secretary-Treasurer	Ellie Boeing Chynoweth Symposium Director

Regional Judging Directors

Region I Joan Geel/Janet Packwood	Region V Carole Liedtke
Region II Cindy Lord	Region VI Pat Panichas
Region III Mary Lee Martin	Region VII Amy Rager
Region IV Robin Ruegg	Region VIII Shelia Ragle

Using New Optional Rules

RECOGNIZING VALUE PARTS

Elements are counted in chronological order. An element performed a third time receives no value part, special requirement or additive value credit. An element performed for the third time may be given value part credit only when it was not awarded value part credit the first or second time either because the first or second attempt was unsuccessful and received no value part credit or an element was performed in the same exact connection.

NO DISMOUNT - 0.30 FROM START VALUE

If the gymnast is performing a salto dismount and she falls before initiating the salto, deduct 0.30 for no dismount from the start value, 0.20 for no "B" dismount and 0.50 for the fall. If the gymnast has initiated the salto, falls and fails to land on the feet first, deduct 0.20 for no "B" dismount plus the fall. Do not deduct 0.30 for no dismount.

FALLS

- Deduct for execution and amplitude in addition to fall.
- Do not deduct for balance errors leading up to fall.
- Do not award additive value on elements with fall.
- Support of one or two hands is 0.50 but a *touch* of the hand(s) would be considered the same as a touch of the foot/feet on the mat, contrary to technique and would be an up to 0.10 deduction.
- Bars—If there is a grasp of the bar (momentary hang) award VP and SR. If hands never grasp the bar in hang or support no VP or SR.

If the gymnast catches a release move in dead hang, swings two times and jumps off, deduct only 0.50 for the fall, not the extra swings. However, if she swings twice and continues with the routine, deduct for the two extra swings ($.30 \times 2 = .60$) but not a fall.

- Beam (Acro or Dance)—If the gymnast lands with one or two feet on the beam, award VP and SR. If feet do not land on the beam, do not award VP or SR.
- Floor (Saltos)—If a salto lands feet first, award SR and VP but if salto does not land on feet, do not award VP or SR.

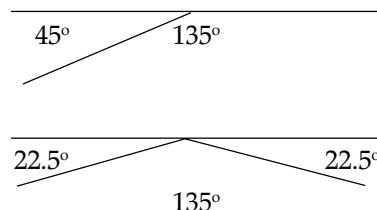
ADDITIVE VALUE

- No additive value is awarded if element has .30 execution deduction or if followed by a fall.
- No Difficulty Value (DV) awarded on "D" or "E" elements that are performed a second time, even if in a different connection.
- Connective Value (CV) may not be awarded a second time for the exact same connection.
- Bars—"C" elements directly connected to a "D" or "E" elements do not need turn or flight for CV.

EXECUTION DEDUCTIONS

- "Additional movements to maintain balance" is up to 0.30 under General but "additional trunk movements to maintain balance" is up to 0.20 under Vault.

- Insufficient exactness of tuck, pike, stretched position is up to 0.20 under General but Insufficient degree of tuck, pike, stretch is up to 0.30 under Vault.
- If more than 90° of a turn or twist is missing, award lower value part. This includes turns on leaps, jumps and hops. When the heel comes down on a turn, that is the end of the turn.
- On split leaps, the degree of split (up to .20) can be deficient by one leg or by both legs, i.e.



- Refer to J. O. Technical Handbook, pages 109-110 and 135-136 for technique requirements for leg and head positions in specific elements on beam and floor.

SPOTTING

- If coach spots gymnast and assists element, deduct 0.50 and no value part is awarded.
- If coach inadvertently touches gymnast without assisting skill, deduct .50 and award value part.
- If gymnast inadvertently touches coach there is no penalty.

START WITHOUT SIGNAL FROM CHIEF JUDGE

- Stop the routine. The routine is repeated immediately and 0.50 is deducted from the average by the chief judge.
- Vault—Deduct 0.50 from average of first vault successfully completed following the vault without a start signal.

Example 1

Gymnast vaults and is scored.

Gymnast runs again without signal - vault is not scored.

Gymnast vaults again and .50 is deducted from this vault.

Best vault score counts, even if it is the first vault.

Example 2

Gymnast vaults without signal and vault is not scored.

Gymnast runs by vault - This is the first attempt

Gymnast runs by vault again - This is second attempt

Gymnast vaults - This vault is scored and .50 deducted.

CHIEF JUDGE DEDUCTIONS

- No undertime deduction
- Missing presentation *either* before or after a routine or not presenting *both* before and after is a .20 deduction.
- Incorrect use of chalk—On bars, this refers to excessive use. On Vault, Beam and Floor, small marks are okay but spreading chalk is not.
- Incorrect Attire—After a warning, deduct .20 one time from event score.
- Incorrect Padding—Deduct .20 without warning. If padding is noticed before routine starts, may warn gymnast. Heel cup with discrete taping is okay.

Glimpse of the Symposium



Carole Ide, President



Yvonne Hodge



General Session - Welcome



Standing: Lucille Huntsinger, Joyce Brown, Jody Borda, Joyce Keenan Seated: Gini Racin, Carole Arnaut, Damie Scott, Debbie White



Saturday Night Banquet



Patio Luncheon



R to l: Robbie Sumpter, Neela Nelson, Sue Graff and Cathy Bennion



L to r: Larisa Ivanova, Elizabeth Tortorich



Poolside study session

Dancin' the Nite Away



Betty Sroufe teaching the dance



*Pat Panichas
Region 6 RJD*



front row: Hilary Carlson, Audrey Schweyer & Cheryl Hamilton



*Judy Dobransky
Librarian*



*Yvonne Hodge, Past President
Patty Shipman, Judges Cup Director*



Dance Panel

St. Louis hosts 2002 National Judges Cup



GymQuarters Gymnastics Center, a 22,000 square foot facility with state of the art equipment, will host the 2002 NAWGJ National Judges Cup on January 4 - 6, 2002. The facility is located at 92 Hubble, St. Charles, Missouri with seating for 2,000 spectators. There will

be competition for all Levels, 4 through elite; Level 7 will have a state team competition and each competitor will receive a plaque

Accommodations

There are two host hotels. The Sheraton West Port Hotel (800-822-3535 or 314-878-1500) is located near the airport, offers shopping and dining and is the site of gymnast party and coach's hospitality. This hotel is approximately 25 minutes from the meet site. Hilton Garden Inn (800-445-8667 or 646-532-9400) is approximately ten minutes from the meet site. The judge's cup group rate is \$72 at the Sheraton and \$69 at the Hilton Garden. Judges need to stay at the Hilton Garden Inn.

Judges please apply

We need judges. All members of NAWGJ are welcome to participate in the meet at their own expense. You will have the opportunity to judge on a four judge panel, meet new friends and renew relationships with judges from all over the United States, and judge gymnasts from several states. Last year, competing gymnasts came from 16 different states. You may be able to judge different events and levels at separate sessions. A clinic is always held in conjunction with this meet to provide clinic credit and increase your judging knowledge.

If you are interested, please contact Patty Shipman, National Judges Cup Director, by calling 209-943-1094, by fax to 209-464-0538 or e-mail pship@aol.com.

Add a vacation

If you have time, stay a few days and enjoy St. Louis. Following are some suggestions for your leisure time: Anheuser Busch Brewery, Busch Stadium, Riverboat Casinos, Grants Farm, Riverport Amphitheater, historic old St Charles, St Louis Zoo, Forest Park, Trans World Dome, St. Louis Symphony Orchestra (The second oldest symphony orchestra in the United States.), St. Louis Art Museum (30,000 works including Degas, van Gogh, Matisse, Monet, Picasso, Warhol and Frank Lloyd Wright.), Jefferson National Expansion Memorial (Home of the Gateway Arch, the Museum of Westward Expansion and the Old Courthouse), Laumeier Sculpture Park (116 acres of contemporary media

artists works), The St. Louis Science Center, St. Louis Car Museum (largest car museum in the Midwest with over 150 autos on display), Magic House (more than 70 exhibits and hands-on educational fun for kids), malls and much, much more.

Volunteer your time, stretch your judging horizons and create new memories. Come to St. Louis in 2002.

*Meet me in St. Louis at the
Judges Cup*

Notes from clinics at Symposium

By Robin Ruegg, Region 4 RJD

Floor—A Coach's Perspective

In this session, Valorie Kondos Fields presented her approach to choreographing floor exercise routines. Some key thoughts regarding floor exercise are that choreography is seeing pictures; it is a very visual art. With a good choreographic routine, you will remember the pictures and music motivates the pictures.

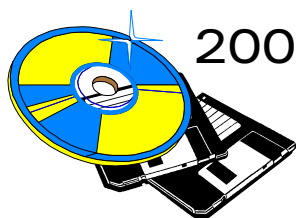
"God creates, music inspires, man or women assembles; music is a universal language," Kondos said. After she chooses the music, she then puts together a 1 minute 30 second show that has a beginning, an end, a climax and a common thread. Floor exercise is a performance. While it is hard to get athletes out of themselves to perform, the performance—adding emotion to the movement—is what makes a routine great. Focus is also a key difference between good and great performances.

Grip Changes

Kristy Krafft's presentation was on bars. She talked about an ideal model for the "ultimate execution" of a skill on bars. Beautiful gymnastics has the following components:

- ❖ Ease—it appears to be effortless
 - ❖ A sense of timing
 - ❖ Body position—finish and transition to finish position
 - ❖ Amplitude—both away from the apparatus and between body parts
 - ❖ Sequential movement—a folding and unfolding
 - ❖ Straight (or curved) lines with a lack of segmentation
- We are "chasing perfection" and all body parts should move

Continued on page 11



2001 NAWGJ LIBRARY ORDER FORM

Updated 8/01/01

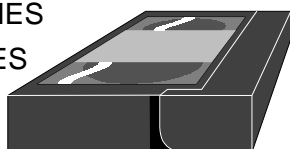
		Price	P & H
JUDGE'S ASSISTANT	LEVEL 10 ONLY	\$25.00	\$3.50 Priority_____
Created by Robin Ruegg			
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GYMQUEST			
Created by Jennifer Graeler is available on NAWGJ website: www.nawgj.org			

INDIVIDUAL ITEMS (Please call for postage on multiple purchases)

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TOTAL_____

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"Dem cards" created by Deb Kornegay, Marian Dykes and Elaine Wulf are available from Gymnastics Events c/o Deb Kornegay, 394 Stonebridge, Birmingham, Alabama 35210-4111

COLLEGIATE VAULT TABLE (Effective September 1, 2001)

Group 1 Handsprings, Yamashitas & Cartwheels							
1.101	Handspring		8.8	3.403	Tsukahara	Tuck 1 ½	10.0
1.102	Handspring	½ turn	8.8	3.405	Tsukahara	Layout 1/1	10.0
1.104	Yamashita		8.8	3.407	½ on	½ off, Front Tuck	9.9
1.105	Yamashita	½ turn	9.0	3.408	½ on	½ off, Front Pike	10.0
1.106	½ on	½ off	8.9	3.501	Tsukahara	Double Back Tuck	10.0
1.202	Handspring	1/1	9.2	3.504	Tsukahara	Double Back Pike	10.0
1.205	Yamashita	1/1	9.3	3.505	Tsukahara	Back Layout 1 ½	10.0
1.206	½ on	1/1	9.1	3.506	Tsukahara	Back Layout 2/1	10.0
1.207	1/1 on	Handspring	9.6	3.508	½ on	½ off, Front Layout	10.0
S1.210	1/1 on	½	9.6	S3.509	½ on	½ off, front tuck ½	10.0
1.302	Handspring	1 ½	9.5	3.510	½ on	½ off, Front Tuck 1/1	10.0
1.306	½ on	1 ½	9.5	*All Tsukaharas may be performed with 90 to 180 degree LA turn in first flight phase.			
1.307	1/1 on	1/1 off (H/Y)	9.8	Group 4 Round-off Entry (Yurchenko)			
1.402	Handspring	2/1	10.0	C4.101	RO,FF	Handspring	8.8
1.406	½ on	2/1	9.9	4.201	RO,FF	Back Tuck	9.5
C1.407	½ on	2 ½	10.0	S4.210	RO,FF ½	1/1 Twist off	9.3
S1.410	1/1 on	1 ½	10.0	S4.211	RO,FF ½	1 ½ Twist off	9.5
C1.411	1/1 on	2/1	10.0	4.302	RO,FF	Back Tuck 1/1	9.8
1.502	Handspring	2 ½	10.0	4.303	RO,FF	Back Pike	9.6
1.503	Handspring	3/1	10.0	4.304	RO,FF	Back Layout	9.8
1.505	Yamashita	2 ½	10.0	4.306	RO,FF	½ off, Front Tuck	9.8
Group 2 Cuervos & Saltos Forward				4.307	RO,FF	½ off, Front Pike	9.9
2.301	Handspring	Front Tuck	9.8	4.315	RO,FF 1/1	1/1 twist off	9.7
2.302	Handspring	Front Tuck ½	9.9	C4.316	RO,FF 1/1	1 ½ Twist off	9.9
2.303	Handspring	½ Back Tuck	9.9	C4.317	RO,FF 1/1	2/1 Twist off	10.0
2.402	Handspring	Front Tuck 1/1	10.0	C4.318	RO,FF 1 ½	1/1 off	10.0
2.403	Handspring	½ off, Back w/ ½ +	10.0	S4.320	RO,FF	Back Tuck ½	9.6
2.404	Handspring	Front Pike	9.9	S4.321	RO,FF	Back Pike ½	9.7
2.405	Handspring	Front Pike ½	10.0	S4.322	RO,FF	Back Layout ½	9.9
2.406	Handspring	½ Back Pike	10.0	S4.323	RO, FF	1 ½ Twist off	9.5
2.501	Handspring	Double Front	10.0	4.402	RO,FF	Back Tuck 1 ½	10.0
2.502	Handspring	Front Tuck 1 ½	10.0	4.404	RO,FF	Back Layout 1/1	10.0
2.507	Handspring	Front Layout	10.0	4.407	RO,FF	½ off, Front Layout	10.0
2.508	Handspring	Front Layout ½	10.0	4.408	RO,FF ½	Front Tuck	9.9
2.509	Handspring	½, Back Layout	10.0	4.409	RO,FF ½	Front Tuck ½	10.0
2.510	Handspring	Front Layout 1/1	10.0	4.410	RO,FF ½	½ off, Back Tuck	10.0
2.511	Handspring	Front Layout 1 ½	10.0	4.411	RO,FF ½	Front Pike	10.0
2.512	Handspring	Front Layout 2/1	10.0	4.415	RO,FF 1/1	Back Tuck	10.0
2.513	1/1 on	Front Tuck	10.0	S4.420	RO,FF ½	2/1 Twist off	10.0
2.514	1/1 on	Front Pike	10.0	S4.421	RO, FF	2/1 Twist off	9.9
2.515	1/1 on	Front Layout	10.0	4.501	RO,FF	Double Back Tuck	10.0
Group 3 Tsukaharas* & 1/2 Turn Entry Phase				4.502	RO,FF	Back Tuck 2/1	10.0
C3.101	Tsukahara	Handspring	8.8	4.503	RO,FF	Double Back Pike	10.0
3.201	Tsukahara	Tuck	9.5	4.504	RO,FF	Back Layout 1 ½	10.0
3.303	Tsukahara	Pike	9.6	4.505	RO,FF	Back Layout 2/1	10.0
3.305	Tsukahara	Layout	9.8	4.511	RO,FF ½	Front Pike ½	10.0
S3.310	Tsukahara	Tuck ½	9.7	4.512	RO,FF ½	½ off, Back Pike	10.0
S3.311	Tsukahara	Pike ½	9.8	4.513	RO,FF ½	Front Layout	10.0
S3.312	Tsukahara	Layout ½	9.9	4.514	RO,FF ½	Front Layout ½	10.0
3.402	Tsukahara	Tuck 1/1	9.9	4.515	RO,FF 1/1	Back Pike	10.0
4.516	RO,FF 1/1	Back Layout	10.0	C – 1.00 deduction for not landing on feet first.			
C – 1.00 deduction for one or no hands touching horse.				C = Collegiate			
C – 1.00 deduction for spotting assistance during vault.				8/01			

2002 NCAA WOMEN'S GYMNASTIC RULES

The National Collegiate Women's Championships and all qualifying meets used to qualify will be conducted according to the *FIG Women's Code of Points*, with the Junior Olympic (Level 10) modifications as of November 1, 2001. [Note: If the value of a skill (JO) on events other than vaulting is raised after November 1, 2001, it will be effective immediately.] All rules and guidelines for execution and compositional deductions as applied to the USAG-JO program (Level 10) will be used with the following collegiate modifications/clarifications:

General

.30 deduction for competing out of order (taken from team score).

Vault

- Collegiate Vault Table (effective August, 2001)
- Gymnasts will perform one vault, the score of which will count. A gymnast will be afforded three attempts to go over the horse one time. Touching the board and/or the horse, without going over the horse, counts as one of the three attempts.
- 1.00 deduction for touching the horse with only one or with no hands.
- 1.00 deduction for failure to land on feet first. (includes fall).
- 1.00 deduction for spotting assistance during the vault.

Uneven Parallel Bars

Special Requirements (taken off the start value as always)

- Two bar changes
- One flight element minimum of "C"
- A different flight element minimum of "B"
- "C" dismount with the following modifications:
 - a. "B" dismounts will receive a .10 deduction (not .20)
 - b. "C" dismounts preceded by two "B" elements (same or different) or lower will receive a .10 deduction (not .20)

Beam

Special Requirements (taken off the start value as always)

- Acro series, minimum of 2 flight elements, both must start and finish on the beam
- Dance or Dance/Acro series of 2 or more elements
- Minimum of 360 degree turn on one foot or knee
- Leap, jump or hop requiring 180 degree split (front or side)
- "C" dismount or "B" dismount preceded by and directly connected to any "C" element (acro or dance) with the modification that "B" dismounts not meeting the connection requirement will receive a .10 deduction (not .20)

Elements Values Different from Level 10

- #2.307 Stag-ring leap or jump = D
- #8.301 Salto forward take off from one leg = D
- #8.304 Salto backward stretched with step-out = D
- #8.305 Gainer salto backward stretched, also with leg change in flight = D
- #8.404 Salto backward stretched with legs together = E
- #9.108 Gainer salto stretched with ½ turn, to side of beam = B (tuck and pike "A")
- #9.208 Gainer salto stretched with 1/1 turn, to side of beam = C (tuck "B")
- #9.407 Double salto backward tucked or piked = E

Connection Value Exceptions

- B+D Acro Flight — BHS (any with two arms) + Layout step-out = no connection value
- B+E Acro Flight — BHS (any with two arms) + Layout with feet together = +.10 (not +.20)
- B+B+D Three Acro Flight Elements — Any variation or order of two BHS's (any with two arms) and a layout step-out = +.10 (not +.20)

Floor

Special Requirements (taken off the start value as always)

- One acro series (Three flight elements, one a salto)
- Another acro series, with two saltos (same or different)
- Three different saltos within the exercise
- Minimum 360 degree turn on one foot ("B" not required)
- Dance series of two or more leaps, jumps or hops (one foot take off not required)
- "C" dismount with the following modification: "B" dismounts will receive a .10 deduction (not .20)

Elements Different from Level 10

All 1 ¼ saltos to prone landing will be valued one level higher than landing on feet.

ADDITIONAL COLLEGIATE RULES

Equipment

- Bar height adapters may be used for regular season competitions.
- If the bar height adapters are used during regular season competition, the gymnast will be allowed to place the springboard on two regulation size landing mats (up to 24 cm.) to mount. The use of 20 cm.-2 cm. mats is acceptable.
- Low bar must be adjustable to 165 cm and the high bar adjustable to 245 cm without the bar height adapters.
- ½ inch plywood may be used under the springboard for mounting bars and beam.
- If a gymnast has a broken/torn grip, she may repeat her routine as the last team competitor or after the all-around competitor (specialist). If this does not allow for a sufficient amount of time to change grips or enough time to prepare, the gymnast will repeat the routine as soon as it is safe to do so. However, the time should not exceed five minutes. [Note: Common sense and safety must always prevail.]
- A chalk arc line may be placed on the corners of the floor exercise mat.
- Except for a small mark, chalk may not be applied directly to the beam. A small amount of chalk may be applied to the gymnasts' hand and feet as needed for safety.
- If a mat used on floor exercise exceeds the boundary lines, the mat must be clearly marked with tape or chalk to indicate the actual boundary lines. Failure to mark the mat will result in a .10 deduction taken off the average.
- The maximum run distance for mounts on uneven bars and balance beam during championships competition is 27 ½'. If more than 27 ½' of matting exists, the maximum run distance must be marked.

Rules

Reminder: Landing deductions are taken for lack of control and/or movement occurring prior to presenting to the judges. (e.g., celebrating on the mat prior to presenting to the judges, failing to show a controlled landing prior to turning to present to the judges)

Scoring

Open scoring is required and start values must be flashed. [Note: judges are to sit apart; all judges' scores will be flashed, simultaneously, with only the average raised.]

Reminder: The allowable score range between the two counting scores follows JO.

Uniform

- During the 2002 championships, long-sleeve, short-sleeve or sleeveless one-piece leotards are permitted. Swimsuit apparel is prohibited during practice, warm-up, and competition at championship events.
- Deduction of .10 for leotard above the hip bone. A warning must be given first.
- There is no deduction for a matching (i.e., color of leotard or nude in color) sports bra that is exposed.
- Backless leotards are permissible.
- During championships competition, gymnasts must wear trunks that match the color of the leotard or be nude in color.
- A gymnast who does not meet the uniform policies will be instructed by the meet referee that she is "out of uniform" and must comply with the uniform rules prior to returning to the competition.

Review of compulsory changes

General Faults & Penalties

The following general faults and penalties have been changed to follow the 2001 FIG Code and the JO Technical Handbook.

EXECUTION—BARS, BEAM & FLOOR

- * Bent arms or legs ↑ 0.30
- * Leg separation ↑ 0.20
- * Delete "Lack of lightness Up to 0.10"

EXECUTION—UNEVEN BARS

- * Touch or brush on apparatus or mat with foot (feet) contrary to technique ↑ 0.10
- * Hit on apparatus with foot (feet) contrary to technique 0.15- 0.20
- * Hit on mat with foot (feet) contrary to technique 0.30
- * Hit on mat with full weight on feet 0.50
- * Using supplementary support to regain position 0.30

EXECUTION—BALANCE BEAM & FLOOR EXERCISE

- Insufficient Split ↑ 0.20
- ### RHYTHM
- Lack of continuity (tempo) between elements in a directly connected series ↑ 0.10

LANDING

- * Slight hop or small adjustment of feet ↑ 0.10
- * Extra arm swings upon landing ↑ 0.10
- * Very large hop or jump 0.20

CHIEF JUDGE DEDUCTIONS

- * Failure to begin exercise within 30 seconds after signal by Chief Judge 0.20
- * Failure to observe specified warm-up time 0.20
- * Lack of presentation by gymnast before and/or after exercise Maximum 0.20

Level 4 Vault

This is a completely different vault from anything we have judged in the past. Please read the specifications, explanation and deductions in the July 2001 *Technique* on pages 33-34. Go into a gym to watch and practice.

Level 5 & 6 Handspring Vault

There are changes in deductions for the landing phase.

- * Slight hop or small adjustment of feet ↑ 0.10
- * Extra arm swings to maintain balance ↑ 0.10
- * Body posture fault ↑ 0.20
- * Addl trunk movements to maintain balance ↑ 0.20
- * Very large hop or jump 0.20

Level 5 Uneven Bars

- * The amplitude requirement on the first counterswing has been changed to 30° below level of the high bar. The amplitude deductions have changed.
- * The second counterswing will retain the amplitude requirement of 15° below the level of the high bar with modifications in the deductions. See July 2001 *Technique*, page 34

Level 6 Uneven Bars

- * The amplitude requirement on the first counterswing has been changed to 15° below level of the high bar. The amplitude deductions have changed.
 - * The second counterswing will retain the amplitude requirement of hips at the level of the high bar with modifications in the deductions.
 - * The penalties for the insufficient height of hips at point of release on the dismount should reflect the same angles and deductions as the second counterswing.
 - * The casts and clear hip circle must now be executed to a minimum of 15° above horizontal. The insufficient amplitude deductions have changed.
- See July 2001 *Technique*, pages 34-35 for deductions.

Level 5 Beam

Only one straight leg leap is required, with a minimum leg separation of 90° (element #8). It is worth 0.60.

Level 6 Beam

- * Only one straight leg leap is required, with a minimum leg separation of 120° (element #8). It is worth 0.60.
 - * The back walkover (element #4) will be followed by a straight jump valued at 0.40.
 - * The cartwheel and straight jump (element 10) have been eliminated.
- See July 2001 *Technique*, page 35.

Level 4, 5 & 6 Floor Exercise

New music is available on CD and the gymnast can use either the old or the new music.

Notes from clinics . . .

Continued from page 6

in the intended direction of movement. It's a different sport when done well.

Bars—A Coach's Perspective

By Steve and Beth Rybacki who shared their thoughts on bars with the judges. They talked about how they feel that judges need to be more involved with the athletes and coaches—that judges need to be in the gym more. They also discussed concepts of good gymnastics as including fluid motion and isolated "freeze" time.

When judging the routine, judges need to remember about the artistry of the event—as coaches they felt sometimes the judges are so caught up in the rules, they aren't really watching and enjoying the artistry of the gymnastics. Overall, a good bar routine should be consistent, artistic and dynamic.

NAWGJ NATIONAL GOVERNING BOARD MEETING MINUTES

July 10, 2001
Newport Beach, California

Roll Call

President	Carole Ide
Vice President	Judy Grenfell
Secretary/Treasurer	Betty Sroufe
Region 1	Joan Geel and Janet Packwood
Region 2	Cindy Lord
Region 3	Mary Lee Martin
Region 4	Robin Ruegg
Region 5	Carole Liedtke
Region 6	Pat Panichas
Region 7	Amy Rager
Region 8	Sheila Ragle
Symposium Director	Ellie Chynoweth (through symposium presentation only)
Newsletter Editor	Judy Hoeferlin
Librarian	Judy Dobransky (absent)
Judges' Cup Director	Patty Shipman
Guest	Julie Knight (a.m. only)

Approval of Minutes

The President called the meeting to order at 9:00 a.m., July 10, 2001. **Correction:** The minutes of June, 2000 should read: State Judging Directors must complete and file the yearly statistical report form by June 30th. (Ruegg/Ragle, carried) The minutes were approved as corrected. (Geel/Panichas, carried)

Symposium

The Symposium Director reported on her progress with the symposium, asking that all Governing Board members volunteer to monitor the sessions. Safety Certification would be offered Wednesday evening. Sixteen people were taking part in the golf tournament and 14 in the tennis round robin, both occurring Thursday morning. The program was reviewed. Line dancing was added Saturday evening. We thanked Ellie for her hard work.

College Rules

Julie Knight presented the NCAA rules for 2001-02 and agreed to conduct a symposium session for the membership.

Reports

President

Carole reported on the U.S.A.G. Governing Board Meeting in June at which she was elected to the Bylaws Committee. It was announced at the meeting that the 2003 World Gymnastics Championships would be held in Anaheim, California. Active Status Coordinators and Test Administrators from other organizations are invited to the S.J.D. meeting Wednesday afternoon for the Test Administration workshop.

Vice President

The emphasis this year was working with the Symposium Director on arrangements for symposium, especially with regards to the program.

Secretary/Treasurer

Betty presented the budget and financial report. A continuing problem is tardy renewals. Policy to deal with this will be discussed with new business.

Regional Reports

Regional reports were presented: Region 8 was proud of its six new Brevet judges. Region 2 hosted a Regional Level 7 Invitational, which gave underutilized judges an opportunity for a regional meet.

Internet Report

The N.A.W.G.J. website is up and running. Many links to State N.A.W.G.J. and other web pages have been established. Newsletter editor Judy Hoeferlin volunteered to help Robin Ruegg with the website, and plans are being made to put the newsletter on line. Robin was thanked for her efforts on this project.

Newsletter Report

Cheryl Hamilton will approve any technical information for accuracy before it is published. With the website running, newsletters were reduced to twice a year. **Motion:** Publish the newsletter in September and January. (Sroufe/Martin, carried).

National Judges' Cup

The 2001 National Cup, held in Roswell, GA was a success. A vaulting clinic presented to the judges by Dennis Hayden was very well received. The Director announced that the 2002 cup would be held at GymQuarters in St. Louis, Missouri on January 4, 5, 6. In 2003, since the first weekend in January includes the first, the meet will be held the weekend of January 10th.

Old Business

Revised Reports

Motion: Replace the current ballot tally record with the revised form [presented by the committee]. (Panichas/Sroufe, carried)

Motion: Accept the fundraiser report as written with the following change: replace the term "Governing Board Member signature" with "Event Chair OR Governing Board Member signature," and add "include with tri-annual financial report to RJD." (Geel/Rager, carried)

Administrative Assistant Position

The position of Administrative Assistant remains open.

Motion: Create a committee to equitably divide the respon-

sibilities of the President, Vice President and Administrative Assistant [between the President and Vice President]. (Lord/Packwood, carried) The committee members are: Carole Ide, Judy Grenfell, Betty Sroufe, Pat Panichas and Mary Lee Martin.

Directors and Operators Insurance

As directed, the President purchased Directors and Operators insurance covering the National Governing Board and State Directors. This insurance includes employment practices liability (assigning). The National Treasury paid the first premium.

Motion: Directors and Operators Insurance will be paid by the National Office. (Liedtke/Panichas, carried)

Motion: The President will research adding State Governing Board members to the Directors and Operators insurance policy. (Liedtke/Panichas, carried)

Motion: In order to cover rising costs at the National Office (including Directors and Operators Insurance), membership fees will be raised \$5.00 per year, effective November 1, 2001. (Ruegg/Lord, carried)

Fees will be:	Professional Membership	\$55.00
	New Member	\$45.00
	Associate Member	\$35.00

Motion: The allocation of the additional \$5.00 in dues will be revisited at the next board meeting. (Ragle/Rager, carried)

Uniforms

The National Governing Board is aware of concerns about the quality of the uniforms. Robin Ruegg will research other available fabrics with the current supplier and Carole Ide will look into other companies. Janet and Joan will explore the possibility of a national warmup suit for members to wear when acting as judges outside of a meet situation.

Awards

Motion: For her service to gymnastics and judging, Audrey Schwyer will be awarded a Life Membership in N.A.W.G.J. (Liedtke/Rager, carried)

Motion: For her service to gymnastics and judging, Cheryl Hamilton will be awarded a Life Membership in N.A.W.G.J. (Liedtke/Sroufe, carried)

Carole Liedtke volunteered to work on criteria for Hall of Fame and Life Membership Awards. Robin Ruegg and Sheila Ragle will create framed certificates for the new Life Members of N.A.W.G.J. to be presented at the Symposium Banquet, July 14, 2001.

New Business

Membership

Motion: The Treasurer will charge a late fee of \$5.00 for any dues that are 30-90 days late and \$10.00 for any renewal after 90 days. (Ruegg/Geel, carried)

Motion: The Treasurer will charge a \$30.00 service fee for

returned checks. (Ragle/Lord, carried) The Treasurer's current policy is to hold all memberships for 14 business days to allow checks to clear.

N.A.W.G.J. Judges' Directory

The Newsletter Editor, Judy Hoeflerlin, will put the information in a database and print using PageMaker. This includes all officers of N.A.W.G.J. plus judges with Brevet and National ratings. Patty Shipman will print the directory at cost and send them to the RJDs for distribution.

Fee Structure

The new fee structure, effective August 1, 2001, as presented by U.S.A.G. will be in effect for one year. There will be adjustments in break time and a raise in the daily rates for East/West, National, and Elite meets. Refer to the document for details. If there is a change in meet information, necessitating re-contacting judges, the assignor may charge and additional fee of \$1.00 per judge. If the contract is changed, it is no longer binding.

Financial Reports

Motion: Regional Judging Directors are permitted to assess a late fee to State Judging Directors who submit their financial reports after the due date. (Rager/Panichas, carried)

Motion: An additional duty of the State Judging Director will be to distribute copies of the tri-annual financial reports and the fundraising financial reports to their State Governing Board members and make them available to their general membership upon request. (Grenfell/Liedtke, carried)

Motion: An additional duty of the Regional Judging Director will be to distribute copies of the tri-annual financial reports and the fundraising reports to their Regional Governing Board members and make them available to their general membership upon request. (Ruegg/Martin, carried)

Judges' Lists

Motion: Lists of judges' names, addresses, phone numbers, Social Security numbers and email addresses cannot be published on the internet without the written permission of each individual judge. (Panichas/Geel, carried)

Reports

Carole Liedtke suggested that each RJD distribute copies of all regional and national officer reports to their own SJDs.

Workman's Compensation

This issue has arisen in some states. We are independent contractors, and as such, do not fall within this issue's workers.

Judges' Cup

Results will be submitted to USAG Magazine. Carole Liedtke and Judy Grenfell will explore the possibility of establishing a scholarship for judges.

Continued on page 14

Long-time members honored

Each of these judges received a certificate, a hat and a key chain with either 20 or 25 years of service indicated. They have been continuous members for over 20 years *and* attended the national symposium. Only those at the symposium were honored.

20 Years: Jan Adkins, Carol Arnaut, Catherine Batsche, Betty Bennett, Cathy Bennion, Wayne Berry, Janine Bissonnette, Margarete Bonkiewicz, Lynda Carlson, Marie Carpenter, Linda Chencinski, Ellie Chynoweth, Barbara Coates, Loretta Cole, Hannah Collins, Jackie Court, Barbara Cutillo, Jane Droese, Lorraine Duffy, Janet Earl, Brenda Eberhardt, Marjorie Eilers, Pat Ethredge, Patricia Faulkner, Mikki Geenty, Rita Heisler, Deborah Hugelier, Lucille Hunsinger, Joyce Keenan, Mary Lee Martin, Judi McCoy, Neela Nelson, Donna Nicholson, Susan Okazaki, Carol Olney, Mary Ann Olson, Amy Rager, Sheila Ragle, Robin Ruegg, Marjorie Schultz, Anita Sharratt, Diann Smith, Carol Smitherman, Jackie Stumpff, Robbie Sumpter, Bonnie Ann Synol, Barbara Tebben, Mamie Vetter, Barbara Wallace, Mary Ann Wallace, Patricia Watts, Winifred Witten

25 Years: Sue Ammerman, Ginger Arons, Betty Axelson-McClelland, Jo Ann Borda, Kathy Case, Gail Caspare, Alice Childers, Pat Crawford, Delene Darst, Judy Dobransky, Marian Dykes, Joan Geel, Judy Grenfell, Cheryl Hamilton, Betty Heppner, Yvonne Hodge, June Houghton, Carole Ide, Carole Liedtke, Connie Maloney, Gail McGann, Mary Metcho, Ruth Morse, Rene' Niccolai, Sandy Oldham, Janet Packwood, Pat Panichas, Margie Pearce, Gini Racin, Betty Roberts, Audrey Schwyer, Kat Sgamba, Betty Sroufe, Mary Ann West, Piper White, Pamela Zak

Draft MINUTES . . . continued from page 13

2002 Meeting

The State Judging Directors will choose the site for the next meeting at their workshop July 11. [They chose Albuquerque, NM or New York, NY]. The National Governing Board and Regional Directors will arrive June 26th and meet June 27th and 28th. State Judging Directors will arrive June 28th and meet on the 29th and 30th. If it becomes necessary to change dates, it will move to the week before.

Nettie Awards

The National Governing Board voted for the Nettie Award winners.

Best Layout & Design of a Newsletter Award—Alabama.
Best Educational Article Award—Florida
Best Informational Article—Tennessee
Best Feature Article Award—Ohio
Most Humorous Article Award—Minnesota
Most Humorous Video Award—Minnesota
Best Educational Video Award—Arkansas
Best Web Site Award—Georgia

The meeting was adjourned by the President at 10:00 p.m. Respectively Submitted, Judy Grenfell, V.P. —*These minutes have not been approved by the NAWGJ Governing Board.*

President's Corner



By Carole Ide

Symposium

I am just back from the NAWGJ National symposium and I have been energized! Beside the wonderful educational opportunity, I have realized that this symposium allowed many judges to have some real quality time with their fellow judges- having fun, relaxing, enjoying a wonderful site and learning. By the way, my feet felt awful on Sunday a.m. (after Betty's line dancing session).

Highlights from annual report

I'd like to share with you some highlights from my annual report to the governing board. I attended a number of meetings—the joint WTC and JO Committee of USAG, the USAG Board of Directors meetings (two) and Judge's Certification (JCI) in February 2001.

I am happy to report that for the first time NAWGJ has a committee position (By-laws) on the USAG Board of Directors.

USAG has moved the site for the 2003 World Championships to California (Anaheim) in August 2003.

JCI- Joint Certification, Inc.

Rene' Niccolai presented a test administrator's workshop at symposium where she distributed new TA Guides and newly revised active status cards (they are now yellow). There will also be another TA workshop presented at USAG National Congress in August 2001. Out of the 112 tests administered, NAWGJ administered 83.

NCAA

Marie Robbins, on behalf of the NCAA, corresponded with the USAG office and NAWGJ requesting that the calendar for the next four years be scheduled with concern for the NCAA program. She specifically addressed the issue of officials being in demand for both JO Regionals and Nationals and NCAA Regionals and Nationals.

I was informed that NCAA is looking at fees for Regional and National Competitions. It is in committee. NCAA is also seriously looking at four judge panels for Regionals. Thanks to Julie Knight for attending the Symposium and presenting draft NCAA rules for next year.

Insurance

Our director's and operators insurance is now under binder.

Angels can fly

because they take

themselves lightly.



2001 NAWGJ National Judges Cup

by Patty Shipman, Judges Cup Director

Roswell Gymnastics, Roswell, Georgia was the host for the 2001 NAWGJ National Judges Cup on January 5, 6 and 7th, 2001. The weather cooperated nicely to facilitate travel for judges, coaches and gymnasts. Roswell Gymnastics and Susan Durning were wonderful meet hosts.

This was a successful judges cup with 617 gymnasts competing and 68 team entries. Seven State Teams entered and Northern California State Team won. The gymnasts came from 15 states and this is the first time we had a full session of Level 9's and Level 10's.

There were 43 judges from 24 states represented plus a number of Georgia judges. I sincerely thank everyone that came to help out. We had an outstanding crew. Thank you to each and every judge that volunteered time to help with this meet. Nine of the National Governing Board members were also present.

The vaulting clinic by Dennis Hayden was very well received. See information on this clinic in this newsletter.

*Judy Dobransky,
NAWGJ Librarian
(left) and Judith
Szantho, New
Mexico SJD*



*Patty Shipman,
National Judges
Cup Director (left)
with Susan
Durning, On-site
Meet Director*



2001 Nettie Awards

The sixth annual 2001 NAWGJ Nettie Awards were presented at the conclusion of the State Judging Directors' Workshop held on July 11, 2001 in Newport Beach, California.

As always, the presenters of the awards, Mary Lee Martin, Region III RJD; Joan Geel and Janet Packwood, Region I Co-RJDs; made the event memorable. Don't miss the picture of Mary Lee in her scuba gear! Here is a list of the Nettie award winners:

- * The Best Layout & Design of a Newsletter Award went to Alabama.
- * Florida won the Best Educational Article Award for *What is Artistry?* by Cookie Batsche.
- * The Best Informational Article was won by Tennessee.
- * The Best Feature Article Award was given to Ohio for an article about a gymnast who won a bike at the Ohio Judges Cup and donated her prize.
- * The Most Humorous Article Award was won by Minnesota for their *Judges' Christmas Catalog* by Barbara Tebben and Stephanie Gerster.
- * Minnesota also was awarded the Most Humorous Video Award for the *Carded!* video.
- * Arkansas won the Best Educational Video Award for their *Bar Grips* video.
- * Georgia received the Best Web Site Award.



2nd row, l to r: Representing TN SJD, Jeana; Mary Ann Wallace, AL SJD; Cookie Batsche, FL SJD; Carol Arnaut, OH SJD 1st row l to r: Carlotte Yates, AR SJD; Barb Tebben, MN SJD; Jean DeArmon, GA SJD

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Study without losing your mind

by Robin Ruegg, RJD Region 4

With testing for new rules coming, we all get a little anxious and stressed. It doesn't have to be that way! Rather than cramming at the last minute and panicking, take time to prepare and study. Here are tips that work for many of us.

Plan ahead and set goals

- Scoring for optional tests is based 50% or more on the film. So plan on studying using videotapes! Get your videotapes lined up NOW. For Level 10 and National tests, I'd suggest the Level 10 practice judging films from USAG and NAWGJ and Elite "Classic" meets or Elite "National" levels of competitions. Many of us like to copy tapes so we have all vaults on one tape, all bars on another etc.
- Purchase note cards (to make flash cards), 3-M tabs and any other office supplies you might need.
- Order study tools from the NAWGJ library—computer programs, DEM cards etc.
- Set your goals. Be sure they are within your control! For example, setting a goal to finish 1st in the course is outside your control—you don't know how others will do. I usually set two goals—1) To be prepared enough so I know 90% or better on flash cards and/or a computer program BEFORE I head for the course and 2) To stay calm and focused.

Prepare

- Make up flash cards. (This is good practice for you—you learn as you make them up).
- Copy the practical judging sheets so you have lots to use for practice judging.
- Write out your schedule on a calendar. I like having more time, but for the recent Brevet course I only had a month and a half. I allow myself a few days to prepare/do flash-cards, and then I schedule an event a day. (i.e. General, Vault, Bars, Beam and Floor). I set a minimum number of video taped routines to judge each day (usually 5, on my general days I would judge 2 on each event.)

Study

- Follow your planned schedule. Judge your routines and do your flash cards or computer program and QUIT for the day. Track how well you are doing on your schedule—at first you'll be slow and missing many questions. I would generally study from ½ hour to an hour a day, depending on how quickly the event went.
- Try to schedule practice judging with someone else a few times. Once a week worked well for me. Make your practice judging sessions as much like the real test as possible—use the judging sheets, hand in a score.

Go to Course or Test

- Do *not* let other people's anxieties effect you! Walk away from it and follow *your* plan. There will always be people

Looking at vault

By Dennis Hayden at National Judges Cup
1/6/01 with notes by Leslie Case, Missouri SJD

The three phases of a vault can be explained and understood more easily when the relationship between cause and effect is examined. If a gymnast properly executes the cause, the proper effect will be evident. An error in the effect is probably a result of improper technique in the cause. By understanding these relationships, judges have a better ability to evaluate all the possible deductions during a quick two or three second vault.

Examples of cause & effect situations

- ✿ Head out of alignment during the support phase [effect] is a compensation for poor technique in the support phase [cause].
- ✿ Bent arms, incorrect shoulder angle or a loose (arched, bent) body [cause] usually results in the gymnast not leaving the horse in vertical [effect].
- ✿ If, in a layout landing, the head is back and the body is arched [cause], the gymnast will usually pike down to compensate [effect].
- ✿ If a ½ on is really only a ¼ on [cause], the hands may not hit the horse simultaneously and the block may be uneven [effect].
- ✿ Loose body in the support phase [cause] will probably mean leaving the horse after vertical [effect].

As a judge, we do not judge the run or deduct for ¼ on in a Tsuk vault, but if we understand the cause and effect association of the entire vault process, it helps guide us in applying the appropriate deductions.

Please see the chart on the following page.

more prepared than you are. That's ok.

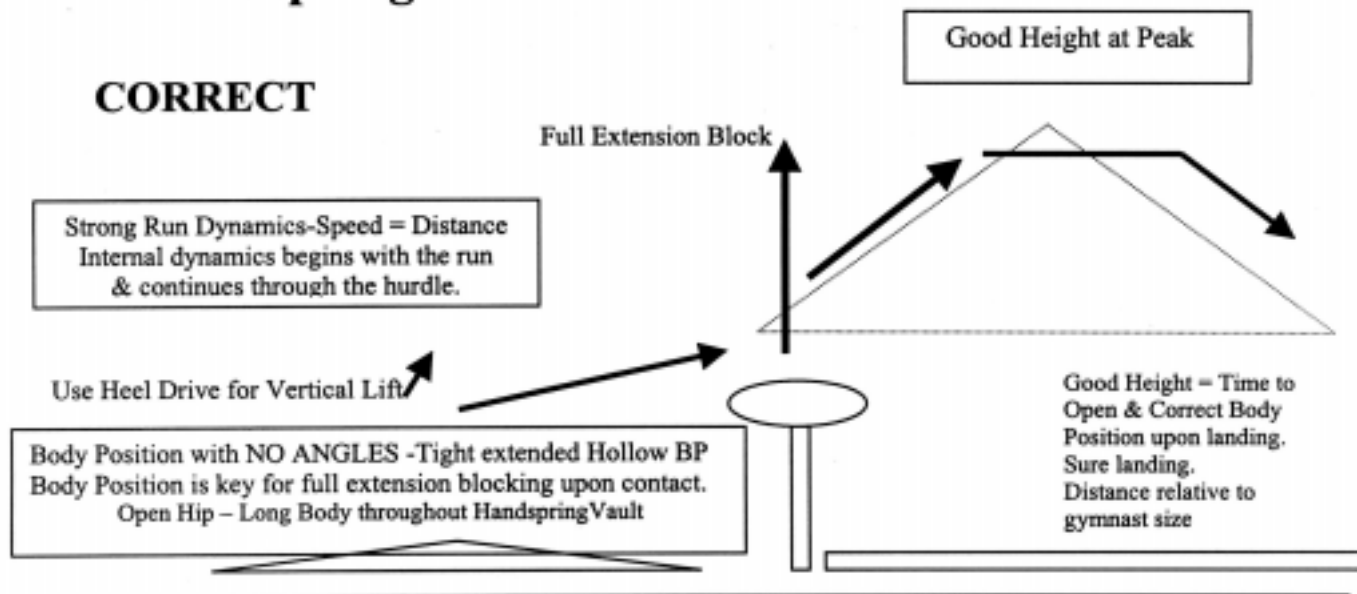
- On test day, do whatever it takes to keep calm and focused. This year, the group I study with got together an hour before the film and "warmed up" our hands by judging a couple routines per event. Once we were done with an event, we crumpled up our papers and shot them at the wastebasket. We laughed and "threw out" some of our nervous tension with the balls of paper. Often I pace and keep moving around. Others use deep breathing and other relaxation techniques. Now is the time to be selfish and focus on you. Don't let others throw you off course.
- Once the test is over, plan to celebrate! Go to dinner, go shopping, do something you like to celebrate the end of another re-certification year.

Good luck.

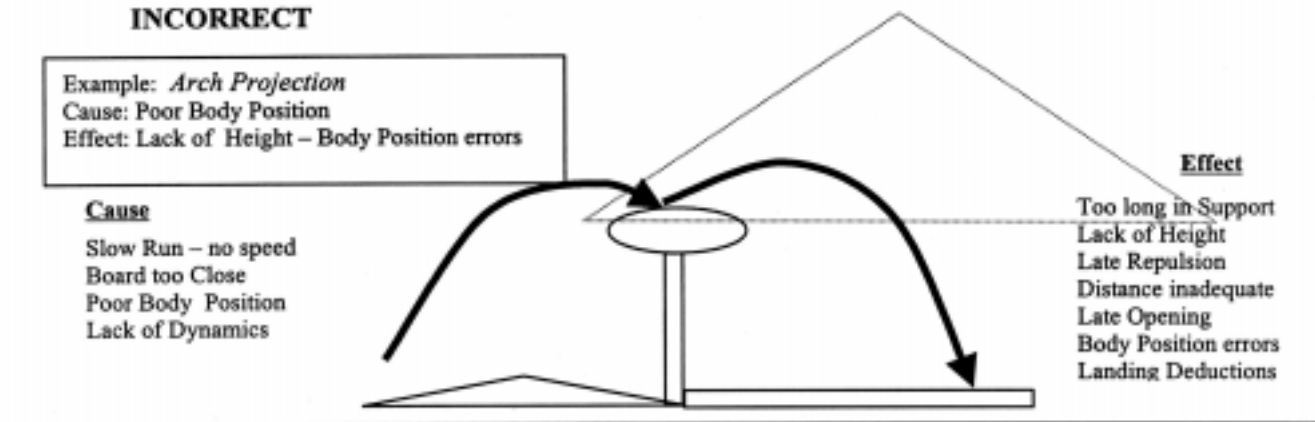
with a triangle

Handspring Vault

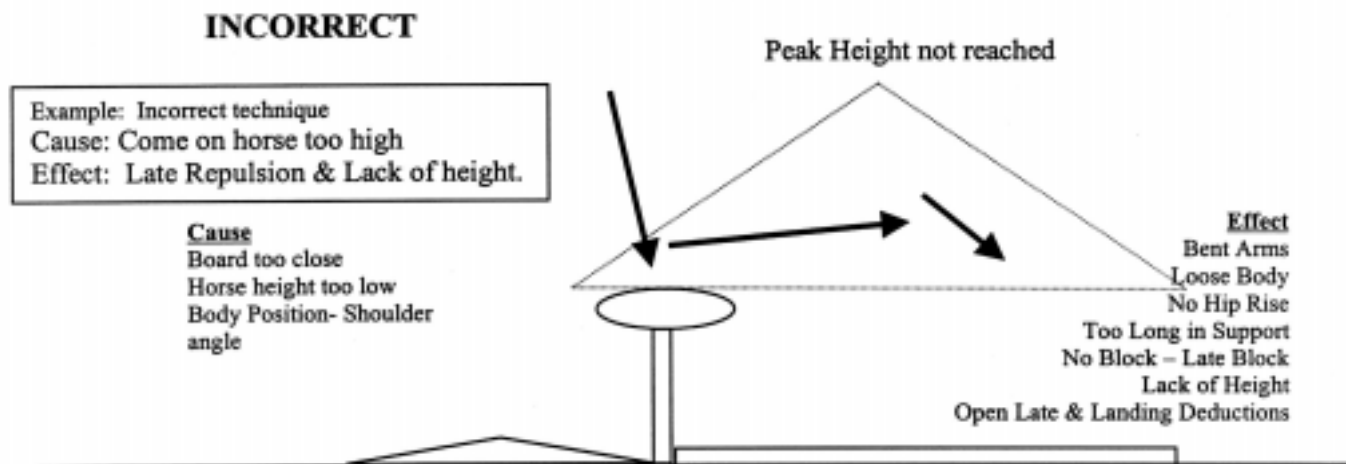
CORRECT



INCORRECT



INCORRECT





Level 4 Vault Deductions A Clarification

By Tom Koll, NJOCC and Cheryl Hamilton, NTCC

The Level 4 gymnast is evaluated from the beginning of her first step all the way until she lands on her back. Execution deductions are taken in all phases of the vault including the phase of lowering to the back (assuming she landed on her feet first). When evaluating the new Level 4 vault, the judges have some new areas to evaluate. The run and the landing position of the vault are two of these areas.

Two deductions have been adopted to aid in the evaluation of the run. They are as follows:

Failure to accelerate during the run...up to 0.30, and

Failure to maintain horizontal running speed to the board...up to 0.30

There has been confusion in the interpretation, as well as how to apply these deductions. Errors can occur in only one of these categories, or some combination of both. It is possible to have one of these errors without the other, but it is also possible that a deduction for both errors would occur. You may see a gymnast who never accelerates to a good fast run, but still slows down prior to the hurdle. The purpose of this article is to clarify the use of these deductions.

Failure to accelerate during the run ...up to 0.30

This deduction refers to the gymnast reaching a **maximum speed** "SOMEWHERE" during the run.

Examples for applying this deduction:

- ❑ The gymnast performs a very slow jog all the way. Deduct 0.30
- ❑ The gymnast starts very slow and builds to a jog. Deduct 0.20-0.25
- ❑ The gymnast starts slow and builds to a good pace. Deduct 0.10-0.15
- ❑ The gymnast runs fast but you feel she could be faster. Deduct 0.05
- ❑ The gymnast runs like a "track star" Deduct 0.00

Failure to maintain horizontal running speed to the board...up to 0.30

This deduction would be applied when the gymnast slows her speed during the run but especially before the board. (I.e. long leaping steps or stutter-type short, choppy steps)

Examples for applying this deduction:

- ❑ Good run, but stutter steps to greatly slow the run before the board. Deduct 0.25-0.30
- ❑ Good run, but does huge slow leaping steps before the board. Deduct 0.25-0.30
- ❑ Good run, but moderately stutter steps before the board. Deduct 0.20-0.25
- ❑ Good run, but does moderately slow leaping steps before the board. Deduct 0.10-0.15
- ❑ Good run, but slightly stutter steps before the board. Deduct 0.00-0.05
- ❑ Good run, but does slight leaping steps before the board. Deduct 0.00-0.05
 - Note: If the gymnast has a slow "jog type" run but maintains this rate all the way to the board, apply only the failure to accelerate deduction. Do not deduct for failure to maintain horizontal running speed.

Failure to finish in a straight lying position on the back...up to 1.00

This deduction would be applied if the gymnast lands on her feet and does not return to her back, or if she lands in a position with execution errors (pike sit, arched back, bent legs, etc.) and fails to return to her back and show a straight position.

Examples for applying this deduction:

- ❑ The gymnast lands on her feet, salutes, and steps off the mat. Deduct 1.00
- ❑ The gymnast lands on her seat with a 90° hip angle, salutes, and steps off the mat. Deduct 0.50
- ❑ The gymnast lands on her back with a slight arch and bent legs, salutes and steps off the mat. Deduct 0.10-0.50
- ❑ The gymnast makes any of the above execution errors, then lies back to a straight lying position. Deduct 0.00 for failure to finish in a straight lying position; however, you may have execution deductions applied for the errors while the gymnast is falling to her back. The evaluation finishes when she finishes her straight lying position.

Judges Certification Inc.

Vice President Certification Coordinator



Period: from 29-Jun-97 to 31-Dec-00

Ratings with an Expiration Date of December 31, 2001

Total Number of Test Sessions Administered: 611

Total Number of Test Administrators Participating: 101

Exam Test Statistics by Level

Totals by Period

	Theoretical				Practical		
	5/6C	80	90	100	8	9	10
Exams PASS	2625	610	367	462	256	172	512
Exams FAIL	1005	455	454	445	46	13	239
Totals	3630	1065	821	907	302	185	751
Passing Percentage	72.3%	57.3%	44.7%	50.9%	84.8%	93.0%	68.2%

Total Number of Examinations Administered : 7661

Number of Certified Judges by Region and Level

Current Totals - Each Judge by His/Her Highest Level

Region	I	II	III	IV	V	VI	VII	VIII	Totals
Level 5/6	212	122	247	103	217	151	144	205	1401
Level 8	52	35	78	20	86	76	44	65	456
Level 9	26	13	28	22	45	46	19	45	244
Level 10	52	59	70	45	104	76	83	94	583
	342	229	423	190	452	349	290	409	2684



Regions

5 States with the Greatest Number of Judges

California	224
Texas	218
Ohio	174
New York	125
Florida	104

5 States with the Fewest Number of Judges

Delaware	6
South Dakota	6
West Virginia	12
North Dakota	13
Montana	14
Hawaii	14

Total Number of Certified Judges : 2684

Date of Report: 07-Jan-01

God Bless America

As I look out the window at the blue sky and sunlight, it is so hard to imagine the nightmare that continues in New York City, at the Pentagon and outside Pittsburgh.

While preparing this newsletter for publication, I was shocked and dismayed, as every American was, to see the senseless violence reeked on our country by terrorists. There is nothing I can say that hasn't already been stated by the news commentators, the president and people around the country.

Even if we didn't lose someone we know as a result of the terrorists' actions, each one of us was touched by this tragedy in a personal way either directly or through a friend or neighbor.

Our son was returning from Italy via Paris to Cincinnati and was in the air when the tragedy started. We spent some anxious moments concerned that his plane might be one of the "unidentified" planes that was a possible hijack. His plane landed safely in St. John's, Newfoundland at noon but we didn't hear from him until early evening. His wife had a very short conversation just letting her know he was okay and then he was able to get one email message out to us early Wednesday morning from someone's computer.

This small town is so overwhelmed with planes and passengers (5,000+), there aren't enough hotel rooms for the stranded

passengers. After a six-hour flight, they were kept on the plane Tuesday from noon until 11:00 p.m. when they were taken to a church where passengers were able to get some sleep. One of the volunteers took passengers home for showers. They were treated well by gracious volunteers.

It is now Thursday afternoon and another short email advises he won't be home until tomorrow evening at the earliest, although they began allowing diverted flights to return to the United States and the first one landed at Los Angeles this afternoon. Of course, we are very lucky. He is coming home.

An acquaintance had a son on vacation in New York City and spent many anguished hours until he was able to call to let her know he was okay. Someone else had a daughter at school in Pittsburgh and was initially very concerned about that crash until more information was received. We all have stories and memories of how this tragic day affected and touched our lives.

As we mourn for those who lost their lives, let us pray for the families and friends who are finding life so difficult and painful right now. The strength and spirit of America will help all of us overcome this tragedy.

Let's remember as we daily interact with others, whether strangers, acquaintances, judges, gymnasts, coaches, friends, family or loved ones, to treat everyone with love, respect and kindness because you never know what the next minute, hour or day will bring.



*National
NAWGJNews*

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**SEE MINUTES FOR CHANGES
IN MEMBERSHIP DUES
& FEE SCHEDULE**

